



A series of three free workshops for Family, Friends and Carers supporting people with mental illness.



The Encompass program is designed to provide practical information and advice.

We aim to provide you with practical tools that can support you in times of crisis, during your everyday life and to effectively look after your own wellbeing.

The program recognises the invaluable support that you provide your loved one, however all too often support is not provided to the family, carers and friends as you are also a critical part of this journey.

SESSION 2:

RECOVERY ISN'T A CURE, BUT A JOURNEY FOR ALL

DATE: 11th of April 2018

LOCATION: The Academy Café – The Mezz, 148 Scarborough Beach Rd, Mt Hawthorn

TIME: 1pm – 3pm Light Refreshments provided

HOW DO I REGISTER? Please send your interest to encompass@scrosswa.org.au

Closing date is 09.04.18 – places are limited

ELIGIBILITY: The carer is over 18 years and the person you are supporting is over 16 years.