













Activities Program

Frank Prendergast House

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00am Breakfast						
<p>10:00am Exercise Group Rec Room</p> <p><i>Includes Morning Tea Individual Therapy</i></p> <p>All Houses</p>	<p>9:00am Peddle Group Rec Room</p> <p><i>Individual Therapy</i></p> <p>All Houses</p>	<p>ANZAC DAY 10:30am Individual Therapy</p> 	<p>10:30am Individual Therapy All Houses</p> <p>11:00am Catholic Service Rec Room</p>	<p>10:30am All Day Hairdresser</p> 	<p>Board games, DVDs and Music All Houses</p> 	<p>11:00am Communion Service Chapel</p> 
12:00pm Lunch						
<p>2:00pm Arts & Craft Diamond House</p> <p><i>Afternoon Tea</i></p> 	<p>2:00pm Bingo Diamond House</p> <p><i>Afternoon Tea</i></p> 	<p>2:00pm Anzac Service Rec Room</p> <p><i>Afternoon Tea</i></p> 	<p>2:00pm Reminiscence Group Rec Room</p> <p><i>Afternoon Tea</i></p> 	<p>2:00pm Concert - Scott Quek Rec Room</p> <p><i>Afternoon Tea</i></p> 	<p>Family & Friends' Visit</p> 	<p>Family & Friends' Visit</p> 
			<p>4:00pm Emerald Club E House</p>			
5:00pm Dinner						

Please Note: Activities are subject to change dependent on staff ratio and weather